

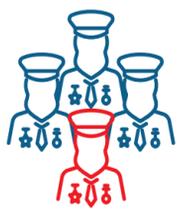
ARMED ★ FOR ★ DIABETES

Continuous glucose monitoring (CGM) has changed the lives of people with diabetes. CGM recently became more broadly available to veterans thanks to new prescribing guidance¹ issued by the Department of Veterans Affairs (VA) in January 2019.

Yet, knowledge about how to access the latest diabetes management technology is **low**.

It's our mission to change that by raising awareness of CGM among veterans who access care via the VA, arming you with the info you need for better diabetes management.

★ BY THE NUMBERS ★



1 in 4
veterans have diabetes.²



3X
incidence rate in veterans
vs. the general population.³



Higher prevalence of diabetes due to:

- Lifestyle changes after transitioning out of active duty.
- Other chronic diseases.
- Potential exposure to Agent Orange.⁴



WHAT IS CGM?

CGM is a wearable sensor that is inserted under the skin to consistently track glucose levels. The sensor detects trends and patterns for you and your doctor, which can help inform decisions on medication, activity and nutrition.⁶



In addition to the need for fewer fingersticks,⁵ CGM allows you the freedom to worry less about your diabetes and spend more time focusing on living your life.⁷

★ ARM YOURSELF ★

Veterans, if you are living with diabetes, you deserve the latest technology to help manage it.

IS CGM RIGHT FOR YOU?

If you or a loved one have diabetes and receive care through the VA, you may qualify for CGM.

Prescribing criteria:¹



You require an intensive insulin regimen to achieve desired glycemic control (3+ times a day).



You require frequent fingersticks to test your glucose levels (4+ times a day).



You agree to meet with your care team every 6 months, or more frequently.

You must also meet one of the following clinical criteria:¹

- ★ You experience low glucose levels (hypoglycemia).
- ★ You're taking prescribed medication but can't reach target glucose levels.
- ★ You can't self-monitor your blood glucose levels by fingerstick due to disease or disability.
- ★ As part of your job-related activities, low glucose level events (hypoglycemia) can result in injury.
- ★ You're thinking about becoming pregnant or are currently pregnant.



Discuss with your doctor if CGM is right for you.

Inform them the VA recently updated the prescribing guidelines for CGM, and you'd like to understand if you're eligible

For additional information, visit www.armedfordiabetes.com.

Sources

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